

We are expanding our services to help support staff wellbeing in schools with more supervision and coaching available at an accessible price. [Read more.](#)

Supervision

Regular supervision is a key way to establish a genuine wellbeing culture. It acknowledges the multi-factoral pressures that are placed on school staff and provides a confidential setting in which to discuss them. It is crucial in providing a mechanism to enable specific problem solving. Supervision is an important way to provide wellbeing to staff working in a challenging environment. 3 sessions over 1 term, £225+VAT or 3 credits. The sessions can be delivered in person or online. Please email cpd@vnetcic.com to make an enquiry or book.

Coaching

Using the BASIC coaching method, our fully qualified associates deliver coaching to all levels of staff in school. These confidential conversations are particularly helpful in helping individuals to solve problems, create solutions and optimise personal and team performance. The coaching conversation is coach-led and action orientated. 3 sessions over 1 term, £225+VAT or 3 credits. The sessions can be delivered in person or online. Please email cpd@vnetcic.com to make an enquiry or book.

Group Coaching

Group coaching takes coaching principles and applies them in a group setting. We use tools and techniques to create meaningful dialogue and discussion. We learn and practice questioning and listening skills. It is a useful forum particularly if you feel stuck in your professional life, want to make changes but are not sure how to start. Additional benefits...

- Fosters a supportive peer group
- Creates a peer learning environment where we can freely share expertise
- Promotes professional development
- Creates accountability, did you do what you said you would do?!
- Reduces the cost of regular coaching

These 4 sessions cost £150+VAT or 3 credits per person. The group will meet in person at Centrum, Norwich Research Park, at 4.15 – 5.45pm on Wednesdays starting in January 2024. Please [click here](#) for dates and more information.

January Inset – Coaching tools and techniques to promote reflection and personal development

This day for all school staff uses coaching tools and techniques to equip staff to have better conversations and be more reflective about their practice. A very practical day it covers an approach to coaching conversations, questioning as a tool and listening skills. Everyone gets an opportunity to practice conversations in a supportive and scaffolded environment. A great way to kick off the Spring term. The day will cost £600+VAT or 6 credits, please email cpd@vnetcic.com to make an enquiry or book.

"I loved it and especially found it really interesting. I've never done anything like that before so it was really eye opening for me!"

"Great training and enjoyed the fact we got to try out the skills rather than just listening all the time."