

This current, research-based training explores the diagnosis and common characteristics of Autism, focusing specifically on how these impact the young person.

Written from a neurodiversity-affirming perspective, the session draws on a range of sources including in-school practice and guidance from the NAS (National Autistic Society) and AET/NEN (Neuroinclusive Education Network). With a particular emphasis on the intersection of mental health and Autism, the session will feature active discussion to help participants engage directly with the material.

Learning Outcomes

- Identify common characteristics of Autism and understand their specific impact on young people
- Discuss the latest research regarding the relationship between mental health and Autism
- Apply practical activities and strategies to support autistic students in an educational setting
- Utilise neurodiverse-affirming principles pulled from current research, school practice, and organisations like the NAS and AET
- Engage in active discussions to share insights and reflect on support strategies.

Audience: Teachers/TAs in settings with autistic children.

Date: Wednesday 7 October 2026

Time: 4:00 pm - 5:30 pm

Venue: Virtual

Member price: £50+VAT per person

Read more and book: [Providing for Autistic People](#)