

This workshop is designed to support MSAs in developing the confidence and skills needed to deliver small-group activities and sessions during break times and lunchtimes within your school. Structured play and organised activities can play a significant role in reducing conflict and incidents of upset during lunchtime, helping to minimise disruption that can impact valuable classroom learning time.

Learning outcomes

- MSAs will gain a deeper understanding of the vital role they play in promoting the safety, welfare, and wellbeing of children
- They will learn practical strategies to support and encourage pupils in achieving the recommended 60 minutes of daily physical activity.

During the workshop, which will be delivered by a PE specialist, delegates will have the opportunity to explore barriers that may limit opportunities for structured play, develop practical strategies to overcome these challenges, and learn quick, easy-to-deliver games and activity setups. Participants will also receive a dedicated resource book containing a range of group activities to support delivery back in school.

Audience: MSAs, TAs, Wrap-around care staff

Date: Thursday 1 October 2026

Times: 10.30am - 11.30am and 1.30pm - 2.30pm*

Venue: Virtual

Member price: £50+VAT per person

**Please note we are running this session twice, please select your preferred time below.*

Click here to book the morning session: [Better Playtimes – Morning Session](#)

Click here to book the afternoon session: [Better Playtimes – Afternoon Session](#)

VNET members – save on your booking:

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Whole School Price: Booking for 4 or more staff? Register as many teachers as you like for £200+VAT, we will automatically apply a discounted whole-school price to your invoice.